

# KARATE



# MARATHON

**The Karate Marathon is Europe`s biggest martial arts event.**

The 8th Karate Marathon takes place on the **30th of March 2019**, organised by the Seiren – Szappanos Sport Klub and Zoltán Szappanos.



[▶ Click here & watch the official video](#)

The Karate Marathon is the best example that different organisations can hold together and work together for one goal while respecting each other and being friends.

On the Karate Marathon sportsmen achieve 30.000 karate techniques in 10 etaps in more than 10 hours at the same time all together! (1 etap: 47 min, break: 13 min)

There is the opportunity to take part at Halfmarathon (18.000 techniques, or Minimarathon (9.000 techniques)

For more informations please feel free to contact me! I would be happy if you would join us on the 30th of March 2019.

Kind regards,  
Szappanos Zoltán 3. dan

**Date:** 30th of March 2019  
**Location:** Szigetszentmiklós Sports Hall  
**Contact:** Szappanos Zoltán | +3630 990 2834  
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www.facebook.com/KarateMaraton | www.karatemaraton.hu

The goal of the event is to strenght honesty, trustworthiness, solidarity and friendship. The best proof of the uniqueness of the Karate Marathon is, that on the VII. Karate Marathon more than **600 sportsmen** from **21 different organisations and 5 countries** were fighting together for one common goal: To achieve **30.000 Karate Techniques.**

**The Karate Marathon is an open event. Sportsmen from all nations are kindly welcome.**

